

Pierres Caraibes Sprint Triathlon  
Terres Basses November 7, 2010

Sprint: 750m Swim / 20km Bike / 5km Run

Result Overall	Result Age Cat.	Reg. #	Name	Age	Age Group	Swim	Pos	Bike	Pos	Run	Pos	Total Time
----------------	-----------------	--------	------	-----	-----------	------	-----	------	-----	-----	-----	------------

Female												
1	1	152	Dalva Hubert	44	f4049	0:14:59	4	0:39:12	2	0:24:41	2	1:18:52
2	1	155	Paula Szczepanszyk	23	f1929	0:13:12	2	0:41:42	3	0:23:59	1	1:18:53
3	1	156	Susy Piscione	39	f3039	0:16:11	5	0:35:52	1	0:28:39	4	1:20:42
4	2	175	Zdenka Kiric	42	f4049	0:17:04	6	0:43:35	4	0:26:17	3	1:26:56
5	2	179	Anke Roosens	30	f3039	0:12:39	1	0:43:43	5	0:31:43	7	1:28:05
6	3	193	Mari Radaelli	32	f3039	0:13:33	3	0:45:34	7	0:30:24	5	1:29:31
7	4	168	Danielle Selsis	37	f3039	0:18:07	7	0:45:26	6	0:31:20	6	1:34:53

Male												
1	1	170	Emmanuel Perronnet	30	m3039	0:11:09	1	0:29:23	1	0:21:15	4	1:01:47
2	1	158	Greg Pigeon	28	m1929	0:12:20	4	0:29:23	2	0:20:49	3	1:02:32
3	2	172	Daniel Miller	31	m3039	0:12:55	7	0:29:36	3	0:22:57	9	1:05:28
4	3	165	Reggie Douglas	33	m3039	0:14:11	12	0:30:58	5	0:20:41	2	1:05:50
5	1	178	Stephane Bensaid	49	m4049	0:13:14	9	0:31:30	6	0:21:33	5	1:06:17
6	4	176	Laurent Guy	39	m3039	0:11:31	2	0:32:03	7	0:23:37	13	1:07:11
7	1	174	Frits Bus	55	m50+	0:14:44	16	0:30:26	4	0:22:33	8	1:07:43
8	2	169	Pierre Dorangs	42	m4049	0:14:15	13	0:33:34	8	0:20:37	1	1:08:26
9	3	177	Frank Leydier	42	m4049	0:13:11	8	0:33:52	9	0:21:40	6	1:08:43
10	5	157	Ralph van Dijk	36	m3039	0:11:45	3	0:35:07	11	0:25:33	15	1:12:25
11	4	147	Jean Marc Aubry	45	m4049	0:14:55	17	0:37:09	13	0:21:47	7	1:13:51
12	6	149	Fred Levot	36	m3039	0:14:00	11	0:34:35	10	0:26:03	17	1:14:38
13	2	163	Jerome Reltien	51	m50+	0:16:52	26	0:36:20	12	0:23:22	11	1:16:34
14	7	171	Olivier Balch	35	m3039	0:12:53	6	0:39:17	16	0:24:41	14	1:16:51
15	5	160	Christophe Barre	40	m4049	0:17:19	27	0:38:04	14	0:23:34	12	1:18:57
16	8	150	Jerome Poilane	33	m3039	0:16:42	23	0:38:48	15	0:26:05	18	1:21:35
17	9	192	Andi Siegers	37	m3039	0:15:43	19	0:43:08	21	0:23:05	10	1:21:56
18	6	159	Laurent Menoret	43	m4049	0:14:34	14	0:42:16	20	0:25:52	16	1:22:42
19	2	154	Tim Schainker	26	m1929	0:16:45	24	#####		1:22:57	28	1:22:57
20	7	161	Stephane Tomelier	42	m4049	0:15:28	18	0:39:23	17	0:28:59	20	1:23:50
21	10	194	Chrisopher Ahlip	33	m3039	0:12:27	5	0:44:23	23	0:29:33	21	1:26:23
22	3	173	Craig Spann	53	m50+	0:16:40	22	0:41:49	19	0:29:35	22	1:28:04
23	8	195	Jan Kuska	44	m4049	0:16:50	25	0:41:25	18	0:31:37	24	1:29:52
24	9	148	Marc Lemouillour	46	m4049	0:15:58	20	0:47:07	25	0:27:56	19	1:31:01
25	11	151	Benjamin Rasseneur	30	M3039	0:16:38	21	0:44:07	22	0:30:45	23	1:31:30
26	4	162	Norman Wathey	51	m50+	0:14:41	15	0:44:54	24	0:33:48	26	1:33:23
27	10	167	Dennis Jilesen	44	m4049	0:13:41	10	0:49:41	27	0:35:21	27	1:38:43
28	12	164	Cortney Caspjer	32	m3039	0:21:05	28	0:48:50	26	0:33:04	25	1:42:59
29	5	153	Stephen Kelley	56	m50+	DNF		#VALUE!		2:33:40	29	2:33:40

Team												
1	1	219	Trisport		Team	0:20:20	8	0:27:39	1	0:22:41	3	1:10:40
2	2	211	Dinosaurs Army		Team	0:12:50	3	0:40:39	8	0:22:02	2	1:15:31
3	3	212	CIA Rocks		Team	0:12:13	2	0:37:53	6	0:26:41	5	1:16:47
4	4	213	Mamar Gallo		Team	0:10:56	1	0:41:26	9	0:26:29	4	1:18:51
5	5	215	Pierre Caraibes		Team	0:20:44	9	0:36:16	5	0:21:56	1	1:18:56
6	6	217	Powerade Team		Team	0:16:11	4	0:35:38	4	0:28:06	7	1:19:55
7	7	218	Strangers		Team	0:16:52	5	0:31:45	2	0:32:52	10	1:21:29
8	8	216	Wolfies		Team	0:21:13	10	0:32:03	3	0:32:46	9	1:26:02
9	9	210	Taykers		Team	0:19:50	7	0:40:05	7	0:27:18	6	1:27:13
10	10	214	Las Idolas		Team	0:17:52	6	0:45:03	10	0:32:19	8	1:35:14

Pierres Caraibes Sprint Triathlon  
Terres Basses November 7, 2010

**Sprint: 750m Swim / 20km Bike / 5km Run**

Result Overall	Result Age Cat.	Reg. #	Name	Age	Age Group	Swim	Bike	Run	Total Time
----------------	-----------------	--------	------	-----	-----------	------	------	-----	------------

**Female 19 - 29**

20	1	155	Paula Szczepanszyk	23	f1929	0:13:12	0:41:42	0:23:59	1:18:53
----	---	-----	--------------------	----	-------	---------	---------	---------	---------

**Female 30-39**

24	1	156	Susy Piscione	39	f3039	0:16:11	0:35:52	0:28:39	1:20:42
36	2	179	Anke Roosens	30	f3039	0:12:39	0:43:43	0:31:43	1:28:05
37	3	193	Mari Radaelli	32	f3039	0:13:33	0:45:34	0:30:24	1:29:31
42	4	168	Danielle Selsis	37	f3039	0:18:07	0:45:26	0:31:20	1:34:53

**Female 40-49**

19	1	152	Dalva Hubert	44	f4049	0:14:59	0:39:12	0:24:41	1:18:52
33	2	175	Zdenka Kiric	42	f4049	0:17:04	0:43:35	0:26:17	1:26:56

**Male 19 - 29**

2	1	158	Greg Pigeon	28	m1929	0:12:20	0:29:23	0:20:49	1:02:32
29	2	154	Tim Schainker	26	m1929	0:16:45	#####	1:22:57	1:22:57

**Male 30 - 39**

1	1	170	Emmanuel Perronnet	30	m3039	0:11:09	0:29:23	0:21:15	1:01:47
3	2	172	Daniel Miller	31	m3039	0:12:55	0:29:36	0:22:57	1:05:28
4	3	165	Reggie Douglas	33	m3039	0:14:11	0:30:58	0:20:41	1:05:50
6	4	176	Laurent Guy	39	m3039	0:11:31	0:32:03	0:23:37	1:07:11
11	5	157	Ralph van Dijk	36	m3039	0:11:45	0:35:07	0:25:33	1:12:25
13	6	149	Fred Levot	36	m3039	0:14:00	0:34:35	0:26:03	1:14:38
17	7	171	Olivier Balch	35	m3039	0:12:53	0:39:17	0:24:41	1:16:51
26	8	150	Jerome Poilane	33	m3039	0:16:42	0:38:48	0:26:05	1:21:35
27	9	192	Andi Siegers	37	m3039	0:15:43	0:43:08	0:23:05	1:21:56
32	10	194	Chrisopher Ahlip	33	m3039	0:12:27	0:44:23	0:29:33	1:26:23
40	11	151	Benjamin Rasseneur	30	M3039	0:16:38	0:44:07	0:30:45	1:31:30
45	12	164	Cortney Casper	32	m3039	0:21:05	0:48:50	0:33:04	1:42:59

**Male 40 - 49**

5	1	178	Stephane Bensaid	49	m4049	0:13:14	0:31:30	0:21:33	1:06:17
8	2	169	Pierre Dorangs	42	m4049	0:14:15	0:33:34	0:20:37	1:08:26
9	3	177	Frank Leydier	42	m4049	0:13:11	0:33:52	0:21:40	1:08:43
12	4	147	Jean Marc Aubry	45	m4049	0:14:55	0:37:09	0:21:47	1:13:51
22	5	160	Christophe Barre	40	m4049	0:17:19	0:38:04	0:23:34	1:18:57
28	6	159	Laurent Menoret	43	m4049	0:14:34	0:42:16	0:25:52	1:22:42
30	7	161	Stephane Tomelier	42	m4049	0:15:28	0:39:23	0:28:59	1:23:50
38	8	195	Jan Kuska	44	m4049	0:16:50	0:41:25	0:31:37	1:29:52
39	9	148	Marc Lemouillour	46	m4049	0:15:58	0:47:07	0:27:56	1:31:01
44	10	167	Dennis Jilesen	44	m4049	0:13:41	0:49:41	0:35:21	1:38:43

**Male 50+**

7	1	174	Frits Bus	55	m50+	0:14:44	0:30:26	0:22:33	1:07:43
15	2	163	Jerome Reltien	51	m50+	0:16:52	0:36:20	0:23:22	1:16:34
35	3	173	Craig Spann	53	m50+	0:16:40	0:41:49	0:29:35	1:28:04
41	4	162	Norman Wathey	51	m50+	0:14:41	0:44:54	0:33:48	1:33:23
46	5	153	Stephen Kelley	56	m50+	DNF		2:33:40	2:33:40

**Teams**

10	1	219	Trisport		Team	0:20:20	0:27:39	0:22:41	1:10:40
14	2	211	Dinosaurs Army		Team	0:12:50	0:40:39	0:22:02	1:15:31
16	3	212	CIA Rocks		Team	0:12:13	0:37:53	0:26:41	1:16:47
18	4	213	Mamar Gallo		Team	0:10:56	0:41:26	0:26:29	1:18:51
21	5	215	Pierre Caraibes		Team	0:20:44	0:36:16	0:21:56	1:18:56
23	6	217	Powerade Team		Team	0:16:11	0:35:38	0:28:06	1:19:55
25	7	218	Strangers		Team	0:16:52	0:31:45	0:32:52	1:21:29
31	8	216	Wolfies		Team	0:21:13	0:32:03	0:32:46	1:26:02
34	9	210	Taykers		Team	0:19:50	0:40:05	0:27:18	1:27:13
43	10	214	Las Idolas		Team	0:17:52	0:45:03	0:32:19	1:35:14

Pierres Caraibes Sprint Triathlon  
Terres Basses November 7, 2010

**Sprint: 750m Swim / 20km Bike / 5km Run**

Female	Reg. #	Name	Age	Age Group	Swim	Bike	Run	Total Time
1	152	Dalva Hubert	44	f4049	0:14:59	0:39:12	0:24:41	1:18:52
2	155	Paula Szczepanszyk	23	f1929	0:13:12	0:41:42	0:23:59	1:18:53
3	156	Susy Piscione	39	f3039	0:16:11	0:35:52	0:28:39	1:20:42

Male	Reg. #	Name	Age	Age Group	Swim	Bike	Run	Total Time
1	170	Emmanuel Perronnet	30	m3039	0:11:09	0:29:23	0:21:15	1:01:47
2	158	Greg Pigeon	28	m1929	0:12:20	0:29:23	0:20:49	1:02:32
3	172	Daniel Miller	31	m3039	0:12:55	0:29:36	0:22:57	1:05:28

Teams	Reg. #	Name	Age Group	Swim	Bike	Run	Total Time
1	219	Trisport	Team	0:20:20	0:27:39	0:22:41	1:10:40
2	211	Dinosaurs Army	Team	0:12:50	0:40:39	0:22:02	1:15:31
3	212	CIA Rocks	Team	0:12:13	0:37:53	0:26:41	1:16:47